



**Family Gym @ Fond du Lac Family YMCA**  
July 2nd - July 7th

90 W 2nd St  
FOND DU LAC, WI 54935  
(920) 921-3330

	MON	TUE	WED	THU	FRI	SAT	SUN
<b>5am</b>	<b>Open Hoops</b> 5am - 9pm	<b>Open Hoops</b> 5am - 6am	<b>Open Hoops</b> 5am - 9pm	<b>Open Hoops</b> 5am - 6am	<b>Open Hoops</b> 5am - 9pm		
<b>6am</b>		<b>Adult Pick-up Full Court</b> 6am - 8am		<b>Adult Pick-up Full Court</b> 6am - 8am		<b>Adult Pick-up Full Court</b> 6am - 8am	
<b>7am</b>							<b>Open Hoops</b> 7am - 2pm
<b>8am</b>		<b>Open Hoops</b> 8am - 9pm		<b>Open Hoops</b> 8am - 9pm		<b>Open Hoops</b> 8am - 4pm	
<b>10am</b>		<b>Parkinson's Class - 1/2 GYM</b> 10:30am - 11:45am					

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.