

A BETTER US STARTS WITH U



WE WANT YOU ON OUR TEAM!

The FOND DU LAC FAMILY YMCA IS NOW HIRING:

FOREVER FIT INSTRUCTOR Part-Time



The Fond du Lac Family YMCA is hiring a Forever Fit Instructor. Instructor is responsible for planning class sessions, supervising class participants, helping to train new instructors, and providing the YMCA membership with a fun quality fitness class.

RESPONSIBILITIES:

We are looking for instructors to teach a variety of formats for our 55+ members including, but not limited to:

- Essentrics® Aging Backwards
- Yoga/Flexibility
- Cardio Circuit
- Strength Circuit

REQUIREMENTS:

- Most of the formats listed above require special certifications and are required to be able to teach.
- Previous Group Exercise Instructor experience is preferred.
- Must be able to perform physical functions necessary to program instruction, including but not limited to squatting, bending, kneeling, spotting program participants and demonstrating use of program apparatus or program skills.

HOW TO APPLY:

1 - Fill out the
EMPLOYMENT FORM

2 - Submit your RESUME &
EMPLOYMENT APPLICATION



WAGE SCALE: \$10.00

WORK DAYS: Mondays 10:15 am-11:15 am and available to sub in the mornings.