



# WATER AEROBICS

JANUARY 22 - FEBRUARY 28

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>MORNING AQUABLAST WITH FRIENDS</b> Kelly 7:15 - 8:00 am		<b>MORNING AQUABLAST WITH FRIENDS</b> Kelly 7:15 - 8:00 am		
<b>WATER AEROBICS</b> Carla 8:15 - 9:00 am	<b>MID-TEMPO AQUA BEATS</b> Lynn 8:30 - 9:30 am	<b>POOL PARTY</b> Keelyn 8:00 - 8:45 am	<b>MID-TEMPO AQUA BEATS</b> Lynn 8:30 - 9:30 am	<b>MID-TEMPO AQUA BEATS</b> Lynn 8:30 - 9:30 am	<b>SPLASH JAM</b> Dorothy/Tina 8:00 - 9:00 am
<b>TONE AND STRETCH</b> Jean 9:00 - 10:00 am	<b>AQUA ABS &amp; ARMS</b> Lynn 9:30 - 10:30 am	<b>POOL PARTY</b> Keelyn 9:00 - 9:45 am	<b>AQUA ABS &amp; ARMS</b> Lynn 9:30 - 10:30 am		
<b>AQUA FIT</b> Lenore 10:45 - 11:45 am	<b>AQUA FIT</b> Lenore 10:45 - 11:45 am	<b>TONE AND STRETCH</b> Jean 10:00 - 11:00 am		<b>AQUA FIT</b> Lenore 10:00 - 11:00 am	
		<b>AQUA FIT</b> Jean 11:00 am - 12:00 pm	<b>WALK &amp; WARM-UP</b> Cindy 12:30 - 1:00 pm	<b>AQUA FIT</b> Jean 11:00 am - 12:00 pm	
	<b>SPLASH AND CHAT</b> Cindy 1:00 - 1:45 pm		<b>SPLASH AND CHAT</b> Cindy 1:00 - 1:45 pm		
<b>SPLASH JAM</b> Tina 6:00 - 7:00 pm	<b>POOL PARTY</b> Keelyn 6:00 - 7:00 pm	<b>SPLASH JAM</b> Tina 6:00 - 7:00 pm			