



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ALZHEIMER'S DISEASE

WHAT YOU SHOULD KNOW

BALANCED HEALTH SERIES
Information for your overall wellness.



THURSDAY, AUGUST 1, 2024
12:00PM – 1:00PM
FOND DU LAC FAMILY YMCA



FREE!

Open to Y members and the community.
Register online or by calling
920.921.3330.



Christopher Zachar-Tirado,
PsyD, Neuropsychologist
SSM Health
Behavioral Health



Rachel Zachar-Tirado,
PsyD, Neuropsychologist
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Alzheimer's disease is the most common cause of dementia and usually affects people over the age of 65. While there's no cure for Alzheimer's, certain medications and therapies can help manage symptoms.

Join Drs. Christopher and Rachel Zachar-Tirado as they discuss what you need to know about how to prevent Alzheimer's, early signs and symptoms to look for, causes, how to diagnose, and management and treatment of this disease.

FOND DU LAC FAMILY YMCA
90 W. 2nd Street
Fond du Lac, WI
fdlymca.org

